Delegated Healthcare Tasks

# Specialist training with practical sign-off 



First Response Training can now offer high quality training courses in specialist delegated healthcare tasks. Delivered by a competent practitioner in a classroom environment, these courses all include simulated practical activity and practical sign-off

- Practical sign-off included in every course
- Relevant clinical training equipment provided
- Suggested maximum 8 learners per course
- Recommend annual review in line with CQC guidance
- Competence subject to ongoing development and monitoring within the workplace


## Delegated Healthcare Tasks

## Training Course Range

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## PEG Feeding

- To have an understanding of what enteral feeds are
- To have awareness of anatomy and physiology of the digestive system
- To have a basic understanding of surgical insertion of feeding tubes in relation to job role
- To be able to identify indications for having a PEG
- To be able to identify risks involved in having a PEG
- To be able to identify potential complications
- To manage infection risk associated with established feeding tubes
- To review standard procedures in relation to PEG feeding for nutrition purposes
- To practically demonstrate standard procedures in relation to the delivery of feed and medication via feeding tubes



## Delegated Healthcare Tasks

## Training Course Range



## Insulin Administration

- Identify what diabetes is, how it occurs and the different types
- Recognise the symptoms of diabetes and signs of complications
- Understand the action they should take in the event of hypo or hyperglycaemia
- Have an understanding of the treatments for diabetes
- Able to identify suitable sites for insulin administration and understand the importance of site rotation and inspecting sites for signs of lipohypertrophy
- Able to accurately measure and record blood glucose and ketone levels as per blood glucose and ketone monitoring competency
- Able to use the correct technique for administration according to the insulin device and safety needle used



## Delegated Healthcare Tasks

## Training Course Range

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## Stoma Care

- Demonstrate a basic knowledge of the digestive system
- Identify and explain the different types of stoma and the reasons why they are fitted
- Understand and explain the dietary requirements for people with different types of stoma
- Recognise complications and abnormalities which may be experienced with a stoma
- Demonstrate emptying a pouch to the patient with rationale ensuring privacy, dignity and effective principles of infection control are followed
- Demonstrate changing a pouch to the patient using a technique the patient understands, ensuring privacy, dignity and effective principles of infection control are followed



## Delegated Healthcare Tasks

## Training Course Range



## Catheter Care

- Understand what a catheter is
- Explain why we catheterise
- Understand the male and female anatomy
- Undertake daily catheter care
- Demonstrate how to empty and change catheter bags
- Demonstrate correct procedures for handling and positioning
- Understand the importance of person centred care, privacy and dignity in relation to catheter care
- Know how to complete the correct documentation



## Delegated Healthcare Tasks

## Training Course Range



## Bowel Care (Suppository Administration)

- Healthy bowel function
- Major causes, signs and symptoms of constipation
- Strategies used to maintain regular bowel evacuation
- Bowel training goals and process to establish a regular elimination pattern
- Recognition of when a suppository or enema is needed to assist evacuation
- Administration of suppositories and enemas


## Delegated Healthcare Tasks

## Training Course Range



## Tracheostomy

- Normal respiratory function, upper and lower respiratory system
- Anatomy and physiology of the respiratory system
- Types of tracheostomy
- Humidification, suction, speaking valves
- Eating with a tracheostomy
- Management - TRACHE and care of the stoma site
- Practical - tape changes, cleaning an inner cannula, single lumen tube change
- Emergency kit and scenarios


## Delegated Healthcare Tasks Pricing and Further Details

All of our Delegated Healthcare Tasks training courses can be delivered onsite at your setting, or a venue of your choice by an experienced and skilled
practitioner. We will provide the appropriate clinical training equipment and will conduct practical simulation activities, assessments and sign-off. Courses are for a maximum of 8 learners and all learners receive an FRT Certificate of Competency.

| Course Title | Duration | Price |
| :---: | :---: | :---: |
| PEG Feeding | 6 hours | $£ 875.00$ |
| Insulin Administration | 6 hours | $£ 875.00$ |
| Tracheostomy | 6 hours | $£ 875.00$ |
| Catheterisation | 6 hours | $£ 875.00$ |
| Stoma Care | 3 hours | $£ 495.00$ |
| Catheter Care | 3 hours | $£ 495.00$ |
| Bowel Care | 3 hours | $£ 495.00$ |

## Why choose First Response Training?



## Proven Experience

We have more than 26 years' proven experience in delivering high quality training across the UK, and deliver contracted training programmes for national adult social care providers.

## Dedicated Account Management

We offer dedicated personal account management from a named account manager and added value services, including our Secure Online Client Portal.


## Flexible Training Solutions

We can provide training via classroom-based sessions, live webinars, eLearning programmes and distance learning manuals. Training is available 7 days a week, and can be tailored to meet your needs.


## Skills for Care Endorsed Learning Provider

We are a Skills for Care Endorsed Learning Provider, approved for our classroom, webinar and eLearning courses. We also hold a number of other accreditations, approvals and contracts.

At First Response Training, we deliver a portfolio of over 200 high quality training courses, delivered by a team of over 100 trainers operating 7 days a week, including evenings, wherever you are based

## Social Care

## Training



We have developed our expertise in Health and Social Care training over more than two decades, training thousands of learners in the sector every year.

Our courses guide workers in the Health and Social Care sector along the training pathway, from induction right through to higher level and special focus training. All trainers teaching Health and Social Care topics are carefully chosen based on their relevant experience.

Our Health and Social Care courses are carefully developed by curriculum experts to ensure the highest quality, up-to-date training for care staff. All courses are mapped to national standards, legislation and guidance.

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## first response training

Health \& Social Care

# Call 08003102300 

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