

FIRST AID PRACTICAL CLASSROOM TRAINING

A range of virtual training solutions are available to provide First Aid training in remote delivery format.

Where clients determine that face-to-face training is required, our COVID-19 Secure Pledge has been adapted to effectively and safely deliver practical face-to-face training inline with government guidance and industry standards.



GUIDANCE FOR EMPLOYERS
AND BUSINESSES ON
CORONAVIRUS (COVID-19)








CORONAVIRUS (COVID-19):
IMPLEMENTING SOCIAL
DISTANCING IN EDUCATION AND
CHILDCARE SETTINGS



FAQP: DELIVERING FIRST
AID TRAINING DURING THE
COVID19 BREAKOUT -
ADVICE TO EMPLOYERS

STAYING COVID-19 SECURE DURING FIRST AID PRACTICAL TRAINING



-  We have carried out a thorough **COVID-19 risk assessment** on all aspects of training delivery and share the results with our training team and clients
-  Our trainers are equipped with **sanitising and disinfection cleaning materials** and fully prepare the room and training equipment prior to and after use
-  We have strict **handwashing, hygiene and equipment cleaning** procedures, for both learners and trainers, fully compliant with government guidance
-  We have updated our practical competency checks to **maintain 2m social distancing**. For practical demonstration where this is not possible we have implemented further safety measures
-  Course documentation such as the attendance register will be completed by the trainer only with no sharing of keyboard and tablets, to **manage transmission risk**

JANUARY 2021

TEACHING RESUSCITATION AND FIRST-AID TECHNIQUES

For first aid training our hygiene and safety measures go even further in line with guidance issued by the HSE and the Resuscitation Council UK Statement on COVID-19 in relation to CPR and resuscitation for those teaching resuscitation techniques. The Resus Council signpost directly to The First Aid Quality Partnership (FAQP) as the industry leaders in workplace first aid training and the guidance they have produced to assist with choosing a first aid training provider during the COVID-19 outbreak. The FAQP recommend:



"A training provider should risk assess their training and mitigate all risks of possible spread of Covid19". First Response Training have risk assessed all risk in relation to workplace training and continue to review this risk assessment as the national position develops. All documentation relative to Covid19 can be found on a dedicated information page on the FRT website along with our Covid19 secure pledge as commitment to ensuring a safe workplace training environment.

"A training provider should design lessons to ensure that a distance of 2m is maintained between students and between the students and trainers unless close contact is absolutely necessary for teaching or assessment purposes. Sensible adaptations to training and assessment activities should be introduced to achieve this". Point 6.0 on the Coronavirus (Covid19) - Mandatory guidance on maintaining a safe workplace training environment details specific variation to normal practice relative to the delivery of first aid training and to ensure competence of delegates can be assessed whilst observing social distancing guidelines. Unresponsive casualty, secondary survey, choking, wounds and bleeding are all demonstrated by the trainer on themselves and then in the same way by delegates for training assessment. A professional discussion can then take place to ensure the delegates knowledge and understanding.

"A training provider should provide appropriate handwashing facilities and / or alcohol hand sanitiser as students enter and exit the training room and throughout their time in the classroom". Learners are required to wash/sanitise hands on entry to the training room, every time they leave and re-enter the room and frequently throughout the training session. Learners are welcomed to use their own sanitiser or can use the sanitiser provided by FRT.

"Where close contact is absolutely necessary and it is teaching and assessment related to a situation where a first aider would be expected to wear PPE, PPE must be used". Course delivery has been adapted to ensure no close contact at any time. As an additional preventative measure, FRT trainers are required to wear a mask at all times when on site, including for the duration of training delivery.

"A training provider should have in place a process to discourage those with symptoms of a cold or flu attending training and preventing those who attend with either a fever or cough from entering the classroom. They should also have in place a process to manage instances of people who develop symptoms of CoVid19 during the delivery of any training". Anyone who has Covid-19, has been advised to self-isolate or who has symptoms including a high-temperature and/or cough, loss of taste and smell will be excluded from the training session. Equally anyone who lives with someone who has Covid-19, has been asked to self-isolate or who has symptoms including a high-temperature and/or cough, loss of taste and smell will be excluded. An escalation process has been established for the reporting of such instances.

"All equipment that is used by students should be thoroughly cleaned before use by an individual student". Prior to the commencement of training, the trainer will wear disposable gloves and prepare the room and equipment for use. All training equipment and wipeable surfaces will be wiped down with sanitising wipes. Every delegate is required to clean the resuscitation training manikin before and after use.

"The first aid taught should include protocols that ensure the safe performance of first aid during the current CoVid19 outbreak backed up by a body of medical opinion and Resuscitation Council UK. This must still include the teaching of rescue breaths". During use of the resuscitation training manikin we provide each learner with an individual use protective face shield which is applied to the manikin by the learner before use and provides a totally safe protective screen between the learner and the face of the manikin. This allows for completely safe rescue breaths to be performed and for the learner to practice the essential rescue breaths required for effective cardio-pulmonary resuscitation.