

# Workplace Training

ESSENTIAL WORKPLACE TRAINING FOR ANY INDUSTRY



## 1.) LIFE-SAVING FIRST AID

The HSE recommends businesses with 5-50 employees have at least one trained first aider in place, with an additional first aider for every 50 workers on top of that, depending on your risk assessment. Certificates should be renewed every 3 years, with annual updates advised.

## 2.) ESSENTIAL HEALTH & SAFETY

All workers should have basic health and safety knowledge, with relevant training in subjects such as Manual Handling and appointed people to manage health and safety for larger firms. All companies should also have a nominated Fire Marshal in place.



## 3.) MENTAL HEALTH AWARENESS

It's becoming increasingly important for all workers to have an awareness of mental health issues and workplace stress, with many charities and organisations recommending that businesses have at least one trained Mental Health First Aider in place.

## 4.) GDPR KNOW-HOW

The General Data Protection Regulation (GDPR) came into effect in May 2018 in order to protect data security and individual privacy. Any business that handles personal data should ensure they have provided sufficient GDPR training to relevant employees.



## 5.) SPECIALIST SKILLS

Depending on your industry sector, a wide and diverse range of additional skills training may be required. This can range from Food Safety and Personal Licence training for hospitality to Asbestos Awareness and Working at Height training for construction. We have a range of special focus courses and a number of flexible delivery methods.

