## **Special Focus**

# Level 2 Award in Self-Harm Awareness (3hrs)



#### Aim

To provide basic knowledge of self-harm, its causes, how to recognise signs of self-harm and how to support individuals who self-harm.

### **Learning Objectives**

- Define self-harm
- Describe the link between self-harm, mental health and suicide
- Explore strategies to support individuals and reduce the need to self-harm
- State legislation and policies related to self-harm
- Know support services available

#### Certification

Successful candidates will be issued with a certificate valid for 3 years.

#### Accreditation

External accreditation is available for this course, if required, through Advantage Accreditation. Additional costs will apply, please contact us.

# Contact us for pricing

for a minimum of 2 and maximum of 12 delegates



Call **0800 310 2300** 

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