

# Special Focus

## Level 2 Award in Mental Health Awareness (3hrs)



### Aim

To help healthcare support workers and adult social care workers gain an understanding of mental illness, the problems this can cause in daily life, and how they can support people.

### Learning Objectives

- Be able to define mental health
- Understand the legislation associated with supporting people with mental illness
- Recognise the signs and symptoms of mental illness
- Understand and be able to discuss some of the treatments
- Identify support networks
- Understand how you can help

### Certification

Successful candidates will be issued with a certificate valid for 3 years.

### Accreditation

External accreditation is available for this course, if required, through Advantage Accreditation. Additional costs will apply, please contact us.

### Mapped To

CMH 302.

**Contact our friendly team for details...**