

Special Focus

Level 2 Award in Mental Health in the Workplace (3hrs)



Aim

- To raise awareness of the importance of promoting mental health in the workplace, and empower people to offer support.

Learning Objectives

- Define mental health
- Identify and explain mental health facts and fiction
- Understand key legislation relating to mental health
- Identify common signs and symptoms
- Understand some common mental health disorders
- Recognise common attitudes towards mental ill-health and the impacts these can have
- Know how to support people and offer advice

Certification

Successful candidates will be issued with a certificate valid for 3 years.

Accreditation

External accreditation may be available for this course, if required, through Advantage Accreditation.

Contact our friendly team for details...