

Health and Safety

Level 2 Award in Manual Handling (3hrs)



Aim

To learn how to carry out manual handling tasks safely in the workplace.

Learning Objectives

- Understand the legislation involved in manual handling
- Understand how the back works
- Manual handling related injuries
- How to complete a simple risk assessment
- How to lift safely

Certification

Successful candidates will be issued with a certificate valid for 3 years.

Accreditation

External accreditation is available for this course, if required, through Advantage Accreditation. Additional costs will apply, please contact us.

Contact our friendly team for details...