

# FIRST RESPONSE TRAINING COVID-19 SECURE PLEDGE



## SOCIAL DISTANCING

Maximum number of participants will be limited to a number which will allow for 2m distancing at all times. Anyone who has or lives with someone who has COVID-19, been advised to self-isolate or has COVID-19 symptoms will be asked to leave the training session. Delegates will be expected to maintain 2m social distancing at all times, paying particular attention to entering and leaving the room. Delegates should use the same chair and position within the room throughout the course and we would ask that the room layout does not seat people facing one another.



## HYGIENE

Prior to the commencement of the training event the trainer should wear disposable gloves and prepare any equipment provided by FRT by wiping all contact surfaces. The venue should prepare the training room by also wiping all contact surfaces. A double refuse bag will be provided by the trainer and fixed in an appropriate position in the room. Learners will be advised of appropriate hand-washing techniques and will be encouraged to increase the frequency of hand-washing. Hand sanitiser will also be provided by the trainer if delegates do not have their own.



## OTHER

We ask that ventilation to the training room is increased, by opening windows and/or external doors. Where possible and if the venue allows, part of the training and breaks should take place outdoors, maintaining 2m social distancing. The wearing of face coverings is only recommended where a continuous 2m separation is not possible, during specific moving and assisting maneuvers. In the event of an emergency, for example, an accident or fire, people do not need to follow 2m social distancing if to do so would be unsafe.



**REQUEST A COPY OF THE BELOW FOR MORE INFORMATION**

- ✚ TRAINING THAT IS COVID-19 SECURE**
- ✚ MOVING & ASSISTING TRAINING THAT IS COVID-19 SECURE**
- ✚ MANDATORY GUIDANCE (SAFE WORKPLACE TRAINING)**
- ✚ RISK ASSESSMENT (SAFE WORKPLACE TRAINING)**